

SHORT BLESSED TEST

“Now I would like to ask you some questions to check your memory and concentration. Some of them may be easy and some of them may be hard.”

	Correct	Incorrect
1. What year is it now?	0	1
2. What month is it?	0	1

Please repeat this name and address after me:

John Brown, 42 Market Street, Chicago

John Brown, 42 Market Street, Chicago

John Brown, 42 Market Street, Chicago

(underline words repeated correctly in each trial)

Trials to learn _____ (if unable to do in 3 trials = C)

“Good, now remember that name and address for a few minutes.”

3) Without looking at your watch or clock, tell me what time it is.

(If response is vague, prompt for specific response)

Within one hour Correct (0) Incorrect (1)

4) Count aloud backwards from 20 to 1 0 1 2 Errors

Mark correctly sequenced numerals. If subject starts counting forward or forgets the task, repeat instructions and score one error

20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

5) Say the months of the year in reverse order 0 1 2 Errors

If the tester needs to prompt with the last name of the month of the year, one error should be scored – mark correctly sequenced months.

D N O S A JL JN MY AP MR F J

6) Repeat the name and address you were asked to remember.

John Brown, 42 Market Street, Chicago 0 1 2 3 4 5 Errors

Check Correct Items (“street” not required)

SCORING

Item #	Final	Errors (0 - 5)	Weighting Factor	Item Score
1			X 4	
2			X 3	
3			X 3	
4			X 2	
5			X 2	
6			X 2	
Sum Total = (Range 0 – 28)				

INTERPRETATION

0-4 = normal cognition

5-9 = questionable impairment

≥ 10 = Impairment consistent with dementia