

Letters to the Editor

Will direct laryngoscopy become an extinct skill?

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Sir,

Andersen et al. demonstrated that tracheal intubation in obese patients could be equally achieved either by using a videolaryngoscope (VLS) or by direct laryngoscopy (DL) with a Macintosh blade.¹ The similar success rate was probably because of proper positioning of the patients before DL.² Unfortunately, there has been a recent trend among our trainees to use a VLS as a first choice intubation tool in the obese patient population. There is no doubt that these devices can reflect better laryngeal views when head, neck, and body positioning is suboptimal because axes alignment is not needed.³ They are, thus, more forgiving than DL when proper positioning was not assured. The routine use of VLSs as a first choice tool instead of DL, however, should be discouraged. This practice will lead to a gradual decrease, and subsequently less experience and confidence, when using DL for tracheal intubation in obese patients. It will risk an eventual loss of the skills needed to perform DL and the maneuvers, including proper positioning, that can be utilized to optimize visualization in this patient population. Andersen et al. are to be congratulated for drawing everybody's attention to these facts.¹

Conflict of interest: None.

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Sphingosine kinase-signaling pathway: a possible therapeutic target for post-operative cognitive dysfunction

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Sir,

Post-operative cognitive dysfunction (POCD) is a frequent complication after surgery, which affects a wide variety of cognitive domains including memory, executive functioning, and information processing.^{1,2} Although the exact pathophysiological mechanisms for POCD remain unclear, increasing data suggests that cytokine-mediated inflammatory mechanisms within the central nervous system contribute to cognitive impairment.^{1,2} Inflammation in the brain is characterized by activation of glial cells, expression of key inflammatory mediators, and neurotoxic free radicals.³ Among them, glial (brain's resident phagocytes of the innate immune system) activation has been implicated as one of the causative factors for neuroinflammation in various neurodegenerative diseases including POCD, Alzheimer's disease, Parkinson's disease, and human immunodeficiency virus associated dementia.^{1,3} Consistent with this, Wan et al. has shown that cognitive decline is associated with hippocampal glial activation and increased proinflammatory cytokines in splenectomized rats.¹ Indeed, a role for inflammatory mediators in the development of POCD has been reported, and anti-inflammatory therapy has proved to attenuate POCD in patients undergoing cardiac surgery.^{4,5}

It has been well established that sphingosine kinase (SphK)-signaling pathway plays a critical role in the regulation of inflammation, cell proliferation, chemotaxis, immunity, and various pathologic conditions.⁶ SphK is a key enzyme in the sphingolipid metabolic pathway, which phosphorylates sphingosine into sphingosine-1-phosphate (S1P). S1P acts extracellularly as a specific and high-affinity ligand for a family of G protein-coupled receptors or an intracellular second messenger. The importance of SphK/S1P in the modulation of inflammation under different pathophysiological conditions has been widely identified. For example, blockade of SphK1 inhibits phagocyte production of endotoxin-induced proinflammatory cytokines and thus improves experimental animal survival rates.⁷ More importantly, a recent study has shown that suppression of SphK1 in activated microglia by its inhibitor, N, N dimethylsphingosine, or small interfering RNA resulted in decreased production of proinflammatory cytokines and nitric oxide, and the addition of exogenous S1P to activated microglia enhances their inflammatory responses.⁸ The upregulated SphK/S1P in activated microglia has important implications, which raises a possibility that SphK/S1P pathway mediated inflammatory response in microglia is involved in the pathophysiological process of POCD.

Although substantial efforts have been made to identify potential strategies to ameliorate or prevent POCD, significant achievements have not yet been made. If SphK/S1P is involved in the neuroinflammation process as we expected, modulation of

this pathway may be an effective strategy for the prevention and therapy of POCD. Nevertheless, further experimental and clinical studies should be performed to evaluate the precise role of SphK-signaling pathway in POCD.

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'Intense inner agitation': an overlooked side effect of droperidol

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Sir,

Although 40 years have passed since droperidol was first found to be effective for post-operative nausea and vomiting,¹ it

continues to be used either separately or in combination with other drugs for this purpose. The major disadvantage of droperidol is its side effects, which include extrapyramidal movements, fatigue, oculogyric crisis and possible life-threatening changes in heart rhythm.

A particularly interesting though somewhat overlooked adverse effect of the butyrophenone derivatives is that of intense inner agitation or *agitation interne prononcée*, as it was originally termed. This was first recognised, in females more so than males, when haloperidol, the parent compound of droperidol, was tried in a volunteer psychiatric study.² Later, the situation as well troubled anaesthetists when using droperidol for neuroleptanalgesia (NLA) with as many as 10% of the patients becoming affected.³ The individuals who had received either of these drugs could suffer a strange and most unpleasant 'locked-in' feeling of restlessness that was difficult for them to describe. Outwardly though, the patient would appear completely normal and so those caring for him or her were unaware of the suffering. Nevertheless, NLA has lost its popularity and is presently seldom, if ever, used for anaesthesia. Because of this, *agitation interne prononcée* has been, to all intents and purposes, forgotten or may even be unfamiliar. One wonders, therefore, how many patients having been given droperidol might indeed be relieved of their nausea and vomiting, but at the price of experiencing this disturbing reaction.

A basic pharmacological premise is that the dose of a drug should never exceed that which is sufficient to fulfil the therapeutic aim intended. The unwanted side effects of droperidol are, without any doubt, dose-related. With this in mind, one could argue against the usual intravenous droperidol dose of 1.25 mg,⁴ since 0.75 mg⁵ and even 0.25 mg⁶ have been shown to be effective for post-operative sickness. Elderly patients would be more likely to experience *agitation interne prononcée* because with ageing, physiological organ function as well as the activity of all body systems are greatly diminished. As a result of this, both the pharmacodynamics and pharmacokinetics become influenced, making this age group more liable to suffer the side effects of droperidol including that described above. Physicians prescribing droperidol should therefore be alerted to the possibility of the occurrence of this sensation, especially when larger doses of the drug are to be administered.

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Recovery of T₁ response following rocuronium induced neuromuscular block reversed by sugammadex

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Sir,

We read with interest the article by Staals et al.¹ recently published in *Acta Anaesthesiologica Scandinavica*, especially the discussion regarding the different mechanism of fade versus that of T₁ which explains the earlier reappearance after sugammadex administration of TOF 0.9 ratio as compared to 90% height of T₁.

The authors claim that before the publication of their article, 'In none of the studies was the recovery of T₁ response reported'.

However, when checking the literature we found an article published in 2009 by Lee et al.² in which the primary study endpoint was the recovery time of T₁. Similar to Staals et al., Lee et al. found a slower recovery of T₁ 90% as compared to TOF 0.9, though this did not appear to have clinical implications such as prolonged muscle weakness.

Conflict of interest: None.

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Anaphylaxis to atracurium – a non-QAI-dependent reaction?

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Sir,

Anaphylactic reactions related to neuromuscular blocking agents (NMBA) differ in prevalence between countries, e.g., in Norway, 1/5000 anaesthesias, while in Sweden, 1/83,000 anaesthesias.¹ In Norway, 5–10% of the population was IgE sensitised to morphine (MOR) while in Sweden, no cases were found.² MOR carries the NMBA representative allergenic epitope, the quaternary ammonium ion (QAI), although in the tertiary form. The potential sensitiser, pholcodine (PHO), present in a cough depressant, was withdrawn from the Norwegian market in March 2007. Today, the number of reported NMBA anaphylaxis cases IgE sensitised to suxamethonium (SUX) is significantly lower.³

In Sweden, one to two cases of anaphylaxis to atracurium (ATRA) is reported each year. Also for ATRA, the QAI is regarded as the allergenic epitope⁴ and of patients with ATRA anaphylaxis, 20–40% have IgE antibodies to MOR. Of the four recent Swedish cases, none was IgE sensitised to MOR, PHO (Table 1), or SUX. One case had a positive basophil test, basophil allergen threshold sensitivity (CD-sens),⁵ to ATRA but was negative to the other NMBAs. The two patients tested by skin prick test, 0.5–1.0 mg/ml, had a positive test. An ATRA ImmunoCAP (Phadia AB, Uppsala, Sweden) was prepared using tetrahydropapaverine, modified with β-propiolactone, and conjugated to poly L-lysine (ATRA ImmunoCAP conjugate). Two of the four patients had IgE antibodies to this CAP. The IgE binding could

Table 1

Some clinical and immunological characteristics of the four patients with anaphylaxis to ATRA. Tryptase is given as the ratio of the serum level the day of the reaction and that more than 1 day later. Patient C had a higher concentration, 2.1 kU_A/l, of IgE antibodies (IgE-ab) to ATRA 11 months after the reaction than 5 months after, 0.9 kU_A/l.

Patient, age years and sex	Years since anaphylaxis	No. of operations	SPT to ATRA	Tryptase	CD-sens to ATRA	IgE-ab to PHO	IgE-ab to ATRA
A, 37 male	6	2	pos	9.2	neg	neg	neg
B, 67 female	2½	> 25	pos	14.7	neg	neg	0.8
C, 47 female	5/12	> 20	nt	6.9	pos	neg	0.9/2.1
D, 45 female	3/12	0	nt	7.1	neg	neg	neg

SPT, skin prick test; ATRA, atracurium, basophil allergen threshold sensitivity, CD-sens; PHO, pholcodine; neg, negative; pos, positive, nt, not tested.

be completely inhibited by ATRA (10 mg/ml) and the ATRA conjugate (0.4 mg/ml) but not by the other six NMBAs (1–10 mg/ml) or by PHO (10 mg/ml). Sera from three patients with SUX induced anaphylaxis⁶ with IgE who had antibodies to SUX, 2–7 kU_A/l, did not react (<0.1 kU_A/l) the ATRA CAP.

These findings indicate that anaphylaxis to ATRA is IgE antibody mediated but the nature of the allergen is not clear. If it is QAI, the epitope must be exposed in a unique way. PHO is not present in Sweden, and thus some other sensitiser must be involved. Since the two IgE-sensitised patients have been operated several times, they might have been sensitised by repeated exposure to ATRA. However, we do not know in how many of these operations ATRA was used. It is a bit surprising that one of the patients doubled her ATRA IgE antibody level during the period 5–11 months after the operation indicating that, like QAI, the relevant allergen is present in some 'household' chemicals.

In summary, two of the four patients have, most likely, experienced an IgE-mediated anaphylaxis. We would like to put forward a hypothesis that allergic anaphylaxis to ATRA is unrelated to the classical QAI allergen. As a consequence, PHO exposure may not be of importance. The nature of the involved allergenic epitope should be investigated. It is possible that repeated ATRA exposure during anesthesia can induce the IgE sensitisation, but booster stimulation by PHO-related 'household' chemicals containing the ATRA allergen, e.g., cosmetics, cannot be excluded. Further studies are needed to better understand how anaphylaxis to this special NMBA can be diagnosed and prevented.

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IgE antibody detection in the diagnosis of hypersensitivity to neuromuscular blocking agents

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Sir,

The diagnostic procedure of immediate hypersensitivity reactions to neuromuscular blocking agents (NMBAs) is mainly based upon an evocative clinical history and positive skin tests, and should be supplemented by laboratory assays, such as specific IgE antibody detection.¹ Baldo et al. have demonstrated that substituted ammonium (SA) groups are the major allergenic epitopes of NMBAs.² Nevertheless, cross sensitization studies have raised the importance of the accessibility of the SA ions and their adjacent or adjoining structures for IgE binding.² IgE detection assays have thus used different providers of SA groups: either single individual NMBAs³ or generic compounds containing a SA epitope.⁴ Furthermore, different strategies exist to detect SA-specific IgE: radioimmunoassays (RIAs) were first developed, while today, fluorescent enzymeimmunoassays (FEIAs) become more popular.

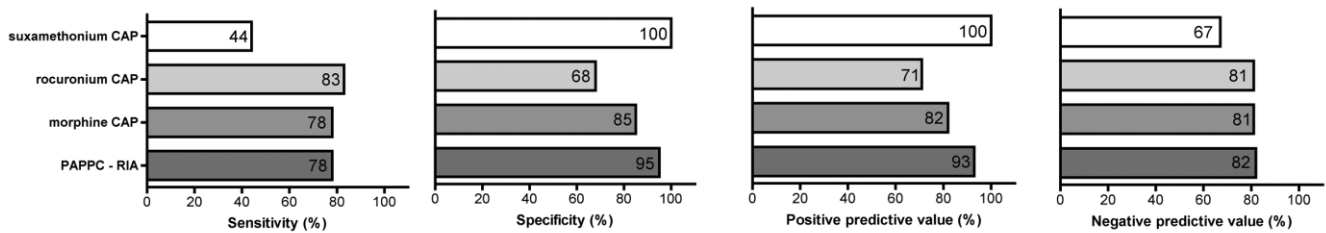
We compared the different available strategies for SA-specific IgE detection in the diagnosis of NMBA allergy. The tested assays are either commercial FEIAs (Phadia, Uppsala, Sweden), directed against single NMBAs (suxamethonium-CAP and rocuronium-CAP) or the SA (tertiary ammonium) structure of morphine (morphine-CAP), or a RIA using quaternary ammonium structures of p-aminophenylphosphoryl-choline (PAPPC-RIA, previously described⁴). Eighteen patients were consecutively investigated (from February 2007 to April 2008) in our outpatient unit on the basis of a suggestive clinical history and a severe allergic reaction (grade III or IV according to the Ring and Messmer classification) and positive skin tests to NMBAs. Culprit molecules were suxamethonium (11 patients), atracurium (2), pancuronium (1), mivacurium (1), cisatracurium (2), or alcuronium (1). Twenty individuals exposed to NMBAs who have experienced anaphylaxis to agents other than NMBAs (antibiotics, latex, and dyes) were used as controls for the study of IgE specificity.

Sensitivity, specificity, positive, and negative predictive values of the different assays are summarized in Fig. 1.

Our first findings confirm the low sensitivity of suxamethonium test (44%, Fig. 1A), as previously described.⁵ It is of note that this sensitivity is not improved in patients who experienced anaphylaxis to suxamethonium (45%, Fig. 1B). On the contrary, the sensitivity of the rocuronium assay appears to be excellent, either for the whole population (83%) or for the suxamethonium allergic patients (100%). Unfortunately, this assay is hampered by its low specificity. The other strategy tends to detect IgE against SA residues, either using RIA or FEIA. PAPPC-RIA is known to display excellent characteristics,⁴ which is confirmed in our population (Fig. 1). Unfortunately, the use of radioisotopes in this test has limited its wide spreading. Thus, we compared this assay with the recently introduced FEIA morphine-CAP. The new test displays similar performances to the PAPPC-RIA, regardless of the offending NMBA (Fig. 1).

In conclusion, we show, in a limited number of patients, that to detect sensitization against any NMBA, it is more clinically useful to detect specific IgE directed against SA structures than against individual molecules. This is true even if a specific test against the offending drug is used (i.e., suxamethonium). Our results demonstrate the excellent characteristics of the morphine-CAP, in agreement with a recent publication.⁶ In our

A



B

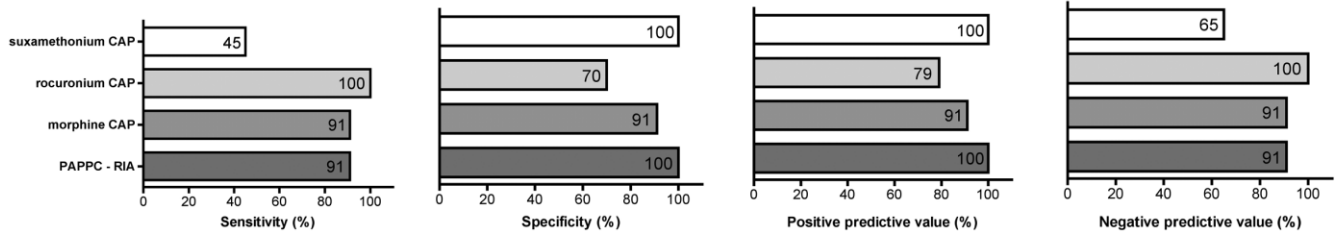


Fig. 1. Characteristics of the different NMBA IgE assays. Sensitivity, specificity, negative, and positive predictive values of the tests are presented for the whole population (A) and for the suxamethonium allergic patients (B). NMBA, neuromuscular blocking agent; PAPPCC-RIA, p-aminophenylphosphoryl-choline radioimmunoassay.

hands, the test performed as well as the validated SA provider PAPPCC. The good practicability and easy availability of the morphine-CAP will certainly facilitate its widespread use as a routine laboratory test for an efficient diagnosis of NMBA allergy in combination with skin tests.

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